



Your Doctors

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Telephone

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Practice Manager

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OPENING TIMES

8am—6.00pm
Dispensary 9am-5pm

Closed Saturday & Sunday
Extended hours, Monday
& Tuesday evening, by
pre-booked appointment
only.

TRAINING AFTERNOON CLOSURE

**We will be closed from
1pm on Wednesday 11th
September for staff
training. Call 01409
241215 to be advised on
that afternoon.**

When to call 999?

**You should always call 999
in a life-threatening emer-
gency:** heavy bleeding,
chest pain, collapse or losing
consciousness, exten-
sive/major burns, sudden
facial or limb weakness, sei-
zures, spinal injury, floppy
unwell infant, severe allergic
reaction, poisoning or over-
dose, headache with loss of
consciousness **all need 999.**

If you are unsure what to do,
dial 111 to be directed.

GET READY FOR AUTUMN VACCS!

With both the seasonal flu vaccination programme and additional Covid boosters being made available nationally from October 3rd, we've been doing a lot of planning throughout the summer months. Each vaccination given at our Bradworthy surgery, helps us **and** the NHS, so, if you're registered at our surgery and get an invitation, please book with **US**, rather than elsewhere. Here's the plan:

- Flu and Covid booster vaccinations will be given at Bradworthy surgery for anyone aged 65 and above, or for anyone in an eligible group—see page 2.
- The vaccines will be given at the same time, like last year – one in each arm.
- Patients only wanting one of the vaccines will be given that option when they book: either just flu, or just Covid.
- Patients in the qualifying groups will be sent a text in **September** via which they can make a booking, be informed how to book, or where to call. Alternatively, please call the surgery after 10.30am or speak to us at reception. Texts will go out in batches and over a number of days, so you may not get yours on the first day. People without mobiles will be contacted by phone, and letter if necessary **once texts have gone out.** For qualifying groups please see page 2.
- We are unable to specify which Covid vaccine you will be given. It will, however, be either the Moderna or Pfizer vaccine.
- We are only vaccinating people for Covid aged 18 and above at the surgery. For information about vaccinations for those in the under 18 age-group, please check our website. We will post information as we receive it.
- We are unable to give flu jabs to anyone NOT in the qualifying groups. Please go to other providers, such as pharmacies or larger supermarkets. Charges will apply.

All this information is available on the Bradworthy Surgery website under the Covid & Flu Vaccination tab.

OUR CLINIC DATES will be :

Friday 4th October

Monday 7th October

Tuesday 15th October

Other clinics may be added if needed, after these dates. Please check our website for dates.

**If you are booking in by phone, please
always call AFTER 10.30am. Thank
you.**



All you ever wanted to know about autumn vaccinations!

WHY BOTHER?

We want to encourage all our patients to take up both vaccinations if they are eligible this autumn and are able to do so.

- if you get flu and COVID-19 at the same time, research shows you're more likely to be seriously ill
- getting vaccinated against flu and COVID-19 will provide protection for you and those around you for both these serious illnesses
- both flu and Covid are miserable illnesses; vaccination offers the best protection against the symptoms

FLU—am I in the eligible groups for a free jab?

There are two types of flu vaccines being used again this year: one for those aged 65 and above and another for those under 65. Those who qualify for a **FREE** jab are:

- people aged 65 and over (including those who'll be 65 by 31 March 2025)
- people who have certain health conditions (see QR code for more information)
- women who are pregnant
- people who are in long-stay residential care and care home staff
- those in receipt of carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick. If you have just become a carer, please let us know.
- people who live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)
- frontline health and social care workers



We will be giving routine nasal vaccinations against flu to children aged 2 to 3 years, born between 01/09/2020 and 31/09/2022, and also those aged 6 months up to 18 years in the clinically at risk groups. Please note that if your child misses any vaccinations given at school you should call **0300 2470082** (Devon) or **01872 221105** (Cornwall) to be advised.

AUTUMN/WINTER COVID BOOSTER—am I in the eligible group?

The following groups of people are eligible for a Covid booster:

- residents in a care home for older adults
- people aged 65 years and over (including those who'll be 65 by 31 March 2025)
- people aged 5 to 64 years in a clinical risk group

We are still awaiting full clarification on Covid vaccination eligibility regarding frontline health and social care workers.

As we have not been commissioned to provide Covid Vaccinations to young people who are aged 5 to 17, other local clinics, or schools will be offering these. We will post these on our website and Facebook page when we are notified.

The **National Booking Service (NBS)** for clinics elsewhere, will be available only after 23rd September.

GAPS BETWEEN VACCS

For all Covid vaccinations the gaps between boosters should be:

- Those aged 12 and above who are immunocompromised, must have a gap of at least 3 months since their last dose, ideally 6 months.
- Those aged 65 and above must have a gap of at least 3 months since their last booster/dose, ideally 6 months since the last Covid vaccination.

